

DuPage County

ABOUT:

Desist Deer Dressure

Manage Emotions

Healthy Relationships

Talk to Trusted Adult

Delay Sex (after HS)

Delay Sex (marriage)

Bridgekeepers is an innovative program serving youth ages 14–19, designed to help navigate key challenges of adolescence-building healthy relationships, making informed decisions, and managing emotional and social pressures. Through engaging workshops, coaching, and service learning, the program strengthens self-awareness, supports safer choices, and empowers students to communicate with trusted adults as they work toward their goals.

500

400

435

300

200

212

100

2023

2024

2025

Youth Served (2022-2025) (75%+
attendance of 13-hour program)

11,557 total instructional hours delivered across 3 years.(Calculated as youth served ·13-hour curriculum)

Student Outcomes % (Pre/Post-Program)

29 pre-survey

pre-survey

55 pre-survey

pre-survey

AT A GLANCE

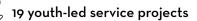




889 youth served (2022–2025 attendance)

20+ trained coaches and 3 workshops





94% completion rate (13+ hours)

THROUGHOUT THE YEARS



A LOOK AT BRIDGEKEEPERS' GROWTH AND COMMUNITY REACH OVER THREE YEARS

Site Partners

• 2023: 4 partners

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- 2024: 5 partners
- 2025: 7 partners

10 partners across schools and community organizations

Service Projects Completed

(Examples: essential packages, meals for unhoused, letters to hospice, community clean-ups, tree planting/safe space, clothing drives)

- 2023: 4
- 2024:6
- 2025: 9

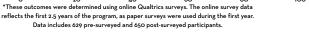
Total: 19 service projects

Student Ambassador Program

Launched in 2025 with 4 Bridgkeepers alumni.

IMPACT





Other(Arabic, Haitian Creole, Swahili, Urdu, Gujarati, Burmese)

Female Spanish 30.3% Female 53.3% Spanish 30.3% Female 53.3% Cother 7% Language spoken at home Black/African American 53% Race/Ethnicity

Student Satisfaction

- "I felt respected" 98%
- "The program was engaging" 92%
- "I would recommend Bridgekeepers to a friend" 84%

50% of students report they are more likely to talk to a trusted adult after participating in Bridgekeepers—a critical protective factor associated with safer choices and emotional well-being.

Core Student Outcomes (PRE → POST)

Bridgekeepers strengthens key protective factors linked to safer, healthier decision-making. Students showed significant improvements in:

- Resisting peer pressure
- Managing emotions in healthy ways
- Thinking about consequences before acting
- Talking with a trusted adult about sensitive topics
- Making plans to reach their goals
- Envisioning a positive future for themselves

PRE \rightarrow POST improvements ranged from +21% to +33%